

# ADDICTION TREATMENT CENTER

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855.478.3650



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we're here for you. To learn more, [contact Bayview Recovery](#) today at [855.478.3650](tel:855.478.3650).

## Bayview Recovery Offers a full Continuum of Care So You Will Have Everything You Need To Get Healthy Again

Why should you settle for a cookie-cutter, one-size-fits-all treatment solution? The answer is obvious: you shouldn't. You are a unique, valuable, and precious individual. Yes, you have your flaws (we all do), but that's not why you suffer from addiction. Addiction is a disease, and any human being can catch one; it isn't the best part of being human, but it's a part just the same. If you struggle with addiction, you deserve to attend a premier drug & alcohol treatment center in Washington State that offers a treatment solution that is as unique as you are.

After all, why shouldn't someone take the time to understand you, who you are, why you began using and why you continued using drugs? The key to solving your drug problem is there. To fix a problem, you first have to understand it. Bayview Recovery addiction treatment center makes this our number one priority. You can choose an addiction treatment center that has many resources. But they won't make a difference unless your treatment includes care that addresses your unique needs.

You deserve to live a healthy and whole life. Bayview Recovery offers a full continuum of care. Whether you need a residential program unique in the recovery field and a full-blown commitment to give you the personal and individualized care,

You can't expect to have a lasting recovery without receiving the complete treatment your addiction requires, comprehensive rehabilitation and individualized therapies and behavioral strategies to keep you sober long-term. That's why you need a facility that offers a full continuum of care. Bayview Recovery can help treat your addiction whether you've decided to try rehab for the first time or if you've tried before without results.

Bayview Recovery's full continuum of care includes a comprehensive array of treatment modalities and holistic pathways designed to accommodate as many different individuals and needs as possible, so whether you require [intensive outpatient](#) or family therapy, we can help. We do not offer medically supervised detox but will work closely with your detox facility to provide a seamless transition into rehab and therapy.

Bayview Recovery's continuum of care includes:

[Medication Assisted Treatment](#)

[Intensive Outpatient Program](#)

[Partial Hospitalization Program](#)

[Dual Diagnosis Treatment Program](#)

[Evidence Based Addiction Therapy Services](#)

It's okay if you don't know what you need; that's why we're here. And whatever you need, you can find it here at Bayview Recovery Center.



## Washington Rehab Programs That Treat Each Person Like a Person

Every addiction treatment center says they want you to feel comfortable. However, Bayview Recovery has gone out of its way to do just that. In fact, Bayview Recovery has designed its entire facility around this one simple goal. Many

addiction treatment centers, even residential ones, can all too often feel like motels, or worse, hospitals. This atmosphere can have negative consequences on your recovery. Why? Because while you're there, you'll be more focused on your comfort than the real reasons you're there. Plus, feeling bad has no place in recovery. The whole philosophy of Bayview Recovery is precisely the opposite: recovery isn't fun, but it needs to remind you every day that the reason to get sober is to love your life again.

Bayview Recovery has given a whole new meaning to the term residential recovery. You'll see that when you get here right away. You'll stay in an actual house that feels more like your own home than a treatment facility. Our Washington addiction treatment center is in the rugged and awe-inspiring beauty of the Pacific Northwest, giving the perfect ambiance for recovery. We like to think of life as an adventure, an enjoyable one, and we want you to feel that way, too. So we want you to have a comfortable and distraction-free environment to focus on the real work ahead.

## Measuring Success

In large part, your success will depend upon feeling welcome, forgiven, and loved again. We know how addiction can make you feel scared, angry, out of options, and out of hope. Part of healing means getting over the stigmas of addiction and accepting forgiveness. Another significant aspect of recovery is getting back in touch with the goodness of life. We believe that getting in touch with all that life has to offer can make the process a whole lot easier, and yes, enjoyable. At Bayview Recovery, you really will come home again, to yourself.

# Individualized Care

The reality is you can choose an addiction treatment center that offers every treatment modality in the world. However, it won't do you any good if they're not the right ones for you. Addiction treatment is short. If you don't get the right treatments right away, when will you get them, and how will you overcome your addiction? An addiction treatment center has a responsibility to its clients to give them the treatments they need as soon as possible.

To accomplish this, Bayview Recovery places a significant emphasis on our intake exam, where we find out about you. We listen to your problems and help you identify your unique and individual strengths. We'll evaluate your medical history, your current doctors' recommendations, and the information gathered from our thorough intake questionnaires. Then, our will quickly decide on a strategy in a consultation that includes the treatments that will help you. It doesn't stop there, however.

Our high staff-to-patient ratio allows us to get to know you increasingly better throughout your stay and monitor your progress continually. That may sound aggressive or even annoying. However, a few days into your stay, you'll find our treatment specialists are on your side, not just observing you, but listening to you, so we can make any necessary changes to continue your progress. After all, it's your wellness that's at stake. Recovery is not about us; it's about you. Give us a call at to get to know us better. We want to get to know you better, too.



## TESTIMONIALS

“I have been trying to get sober the past 3 years and I have been to treatment 5 times. Bayview Recovery was my 6th time. They helped me get to 142 days sober! I was a handful hot mess when I got there but the team never gave up on me. They work with families and they truly care about them too. Bayview house’s are clean and comfortable and the staff is amazing. They plan for fun events weekly and they want you to have fun. If your looking for something different call them it will save your LIFE!”

- **Cindy J.**

“Just picked up our daughter after 90 days at Bayview Recovery. Loved the staff and facility, do not know what the future holds ☐☐ but while at Bayview , always felt informed. Highly recommend, incredibly helpful especially at the very beginning when we were so helpless and needed help the most - God Bless.”

- **Rosie S.**

## Washington Drug Addiction Treatment Programs

Substance abuse is an illness that is too powerful and complex for individuals to solve on their own. Addiction treatment programs offer recovering individuals all the medical assistance, therapy, counseling, education, and on-going support they will need. All of this should be available in a safe environment surrounded by peers who share the same personal goals: long-term health and sobriety.

A competent and comprehensive rehab program does more than facilitate the end of dependency.



It also helps clients come to terms with their susceptibility to substance use and allows them to disarm their psychological dependence and manage their triggers. Furthermore, it gives them concrete tools and practices they can use long after completing treatment to sustain their recovery.

Whatever treatment modalities it may offer, for a rehab program to succeed, it must tailor its treatments to the needs of the individual. It should also factor in personality, personal history, and a variety of social and familial factors. Moreover, treatment should determine what drives the individual's drug use, allowing patients to leave treatment with practices and techniques that work for them. With these practices, treatment can help individuals limit the likelihood of relapse and sustain their recovery.

## Can Bayview Recovery Help You?

Bayview Recovery is the premier Washington addiction treatment center for adult men and women in the Pacific Northwest. We offer a broad and comprehensive array of treatment modalities. As well as one of the highest staff-to-patient ratios in the region. In addition, we provide highly-individualized care in an environment designed for our guests' maximum comfort, increasing the odds of their success. [Bayview Recovery](#) treats all of the following substance abuse disorders along with the co-occurring disorders which so often accompany these addictions:



When an addiction treatment center creates an individualized plan, a client will have significantly

improved chances of completing their rehab and navigating all the challenges they will face afterward.

## Partial Hospitalization Programs

Several steps need to occur before a client begins their partial hospitalization program. First, all clients must have a complete medical and psychiatric evaluation; this step ensures that they receive the appropriate treatment modalities during their stay in recovery. Second, each client must complete their detox at Bayview Recovery's partner facility. This step ensures that all clients safely end their substance dependency and enter rehab ready to receive therapy's full benefit. Following these steps, a client may begin their partial hospitalization stay, which may last anywhere from 30 to 90 days, depending on their individual needs.

However, merely offering treatment is not sufficient for a client to achieve recovery. A course of treatment must be thoughtfully crafted around each individual's specific needs and carefully administered by counselors who can continuously monitor and adjust treatment to obtain the desired results. Recovery only occurs when each client understands why they initially turned to drugs and alcohol, can recognize and navigate triggers and learn and practice alternatives to drug use. But while every client will receive the bulk of their treatment during their partial hospitalization stay, treatment doesn't end when this treatment phase ends.

# How Bayview Recovery Supports Your Transition Home

If your drug treatment ends when your program ends, you haven't selected the right treatment center. Even a graduate of a successful rehab program will face challenges and the risk of relapse after treatment ends. This challenge isn't a reflection of the quality of your program. The reality is that every recovering individual can face challenges when transitioning back to their hectic daily routines. Addiction, even after treatment, requires constant management.

Bayview Recovery's [outpatient services](#) provide the necessary support that our recovering clients will need to avoid the pitfalls and the risks and maintain their sobriety long-term. We will be there for you as long as you need us, helping you cope with daily struggles and providing you many opportunities to continue the work begun in treatment. You'll also be supported by a community of fellow people in recovery just like you.

## How Do I Know I've Found the Right Treatment Program?

When it comes to [substance abuse treatment programs](#), your choices are endless. However, not all rehab programs are the same. Programs differ widely based on the modalities they offer, the number and qualifications of their staff, and the kind of environment in which treatment is provided. Most importantly, you want to choose a facility that sees and treats you based on your

unique personality, history, and experiences.

An individualized program that includes a comprehensive course of treatment, counselors who are qualified and experienced with addiction treatment, and a comfortable environment that takes all distractions out of the recovery process offers recovering individuals their best hope. Bayview Recovery provides all of these critical components, as well as a commitment to your recovery that extends far beyond your last day with us.

Call Bayview Recovery today at [855.478.3650](tel:855.478.3650) to regain control of your life and begin a healthy future.



## The Need for Gender-Specific Treatment

Every addiction varies, and so do the needs of men and women who suffer from addiction. Gender-specific rehab programs can address the individual needs of men and women. This treatment gives them appropriate tools and strategies to help them break the cycle of addiction and the best chances of breaking free from drugs for good. When men and women get the help that addresses their needs, they can recover more quickly and stay sober longer.

Men and women have different reasons for using drugs and alcohol and, as a result, will have different needs during rehab. For example, women are more likely to use drugs to cope with issues, such as:

- Emotional abuse
- Domestic violence or physical abuse
- Sexual assault
- Low self-esteem
- Stress resulting from work-life balance issues

Gender-specific rehab options also minimize the distraction of treating individuals with different needs in the same group.

While addiction occurs in both men and women, statistically, men have a higher propensity towards substance abuse than women. However, girls under the age of 18 are more likely to abuse substances than boys in the same age group. This statistic demonstrates one of the many ways the genders differ in the relationship to substance abuse.

Another way the genders differ is in the benefit they derive from extended care recovery programs. While both sexes benefit from extended rehab programs, in general, women benefit more from this program format. Women who enjoy the most benefit tend to do so in rehab programs lasting 90 days or more. One reason is that a woman's relationship to substance abuse is often relatively more complicated than a man's. As a result, Bayview Recovery offers both a men's rehab program and a women's rehab program to address specific needs during recovery.

## How Bayview Recovery Can Help You Live a Drug-free Life

Trying to end your addiction alone poses many risks. Withdrawal can present new health risks. Relapse can increase the threats to your health, introducing the possibility of overdose and accidental death. To break free from addiction, you will need the help of doctors and psychologists trained in addiction recovery at our addiction treatment center in Tacoma, WA. Professionals who can address the medical and therapeutic needs you will have during this critical time. Bayview Recovery creates a treatment environment that maximizes your chances for success. We provide a comprehensive rehab program along with rehab aftercare to safeguard your sobriety. Bayview Recovery's offerings include:

- Cognitive behavioral therapy
- Dialectical behavioral therapy
- Extended care
- Individual therapy
- Group therapy

With these therapeutic programs, you can learn to control your addiction and give yourself a path to the future.

# Choose Bayview Recovery

Bayview Recovery offers a full continuum of care, a unique residential treatment environment to get you well faster. You'll get a rigorous and highly-successful intake process to tailor your care to your real needs. But at Bayview Recovery, our care doesn't stop when you check out. While ultimately you are responsible for your recovery, we're here to help you in every way possible, including after you check out through our [aftercare and alumni programs](#). Don't believe it? Talk to our alums.

We want you to get healthy quickly and stay healthy, and we want the process of getting there to be as comfortable and as enjoyable as it can be. You've put off joy long enough. When recovery gets hard, we'll be there for you, and when it begins to get easier, we'll still be there for you, through discharge and beyond. Call us today at 855.478.3650 to talk to one of our addiction recovery specialists, learn more about our program and verify your insurance. Once you make that call, you'll wonder why you waited so long.



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Contact Bayview Recovery to join our judgment-free, uplifting and supportive recovery environment.

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