



# SUBSTANCE ABUSE TREATMENT PROGRAMS

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Contact Bayview Recovery Today

855.478.3650



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# Contents

- [Alcohol Substance Abuse Treatment Programs](#)
- [Benzodiazepines Substance Abuse Treatment Programs](#)
- [Prescription Opioids Substance Abuse Treatment Programs](#)
- [Cocaine and Crack Substance Abuse Treatment Programs](#)
- [DXM and Cough Syrup Substance Abuse Treatment Programs](#)
- [Heroin and Fentanyl Substance Abuse Treatment Programs](#)
- [Stimulants Substance Abuse Treatment Programs](#)
- [Hallucinogens Substance Abuse Treatment Programs](#)
- [Learn More By Calling Bayview Recovery Today](#)



Each addiction and client is different, and this means to treat a dependency effectively, a rehab program must provide multiple options so a client can have the treatments that will work best for them and their needs. Bayview Recovery provides a comprehensive array of substance abuse treatment programs at its Tacoma, Washington location. Our programs are led by highly qualified staff who understand addiction and treat each client as the individuals they are. In addition to proven and cutting-edge treatments and exceptional staffing, Bayview Recovery has created one of the most comfortable and welcoming centers to be found in the region so that clients can focus exclusively on their recovery.



At Bayview Recovery, we're committed to providing the best possible treatment for all of our clients. We recognize that more than 22.8 million people in the United States are struggling with addiction today. However, with proper treatment,

you can find healing in sobriety. To learn more about our services, please get in touch with Bayview Recovery today at [855.478.3650](tel:855.478.3650).

Past trauma, current stress, or an untreated mental illness can all lead to drug abuse, dependency, and eventually addiction. Alcohol, prescription medications, and illicit drugs are more widely available than ever and can seem like convenient ways to manage whatever issues an individual is dealing with or avoiding. This is a process called self-medicating. Drug and alcohol abuse, however, leaves the causes of an individual's substance abuse untreated. Furthermore, dependency and addiction add another layer of severe and even life-threatening problems that will require professional medical treatment to manage.

We offer the following substance abuse treatment programs that require medical intervention include:

- Alcohol addiction rehab
- Cocaine addiction rehab
- Heroin addiction rehab
- Marijuana addiction rehab
- Meth and Adderall addiction rehab
- Prescription drug addiction rehab

When an individual adds dependency and addiction to the issues they are already struggling with, there can be no way out except for qualified professional help. Professional drug rehab can

help those dependent on drugs and alcohol come to terms with their substance use and overcome their mental health issues. Our treatment programs will utilize modalities explicitly chosen for you.

Are you ready to seek treatment? If so, please contact Bayview Recovery today at [855.478.3650](tel:855.478.3650).

## Alcohol Substance Abuse Treatment Programs

Alcohol dependency is tragically common, in large part because alcohol is so easily accessible and part of the fabric of many social gatherings, whether it's family and friends or work-related. You might have an alcohol problem if you have one or more of these symptoms:

An inability to curb drinking

Loss of focus or interest in activities

Withdrawal from social situations

Unpredictable, violent, or extreme behavior

Unpredictable, violent, or extreme behavior  
Performance issues at work or school

Mental health issues, such as anxiety,  
depression

Because of alcohol's prevalence and the relatively high risk of relapse, you will need professional help to overcome alcohol dependency. Also, you will need a stable, long-term aftercare plan to ensure you stay sober. Rather than a burden,

programs for recovering alcoholics can be a place to get much-needed, judgment-free support from people just like you and their loved ones. Bayview Recovery can ensure you get the medical and psychological treatments you need and the right kind of aftercare to give you the highest likelihood of success.

## Benzodiazepines Substance Abuse Treatment Programs

Ativan, Valium, and Xanax are relatively well-known drugs used legitimately to treat anxiety and insomnia. Their easy access and powerful effects make them easy targets for abuse and addiction, however. By depressing the nervous system, they can help bring a sense of calm and ease to anxiety sufferers, but the effects of the drugs are highly desirable to those who have no medical need for them. For people who take these drugs as prescribed, there is also the risk that they might solve one problem but create another: dependency.

There is good news, though. A medically supervised detox coupled with comprehensive, individually selected therapies can be highly effective in treating benzodiazepine dependency. We offer a range of treatment programs, including:

Family therapy

Yoga therapy

Art therapy

Dialectical behavior therapy

Cognitive-behavioral therapy

# Prescription Opioids Substance Abuse Treatment Programs

Opioids, which have legitimate medical uses, are at the center of a national epidemic. Like the other narcotic drugs from which they derive, opioids are both highly effective painkillers and highly addictive. Unfortunately, many individuals who begin using them through prescription can quickly get hooked. Unfortunately, short of professional addiction treatment, there is no easy way to get out of an opioid dependency.

Drugs like oxycodone and hydrocodone often frequently become gateway drugs to other forms of narcotics. These are commonly available illegally when you can no longer rely on prescription versions to continue your drug habit. Bayview Recovery treats opioid addiction with the same comprehensive methods it uses to treat other narcotic addictions, giving individuals a high level of confidence in achieving and sustaining their sobriety.

[Learn more](#)

## Cocaine and Crack Substance Abuse Treatment Programs

You probably think of cocaine and crack when you think of drug addiction, drugs known for their intense highs and highly addictive natures. Many, though not all, individuals who use cocaine and crack also drink or use other drugs in conjunction with them, compounding their drug problem and necessitating a much more complex treatment formula to break free.

Bayview Recovery can treat cocaine and crack addiction as well as co-occurring addictions when present. Because these drugs are so powerful, you

may feel a sense of despair about eventually living drug-free. However, you can find hope again at Bayview Recovery.

[Learn more](#)



# DXM and Cough Syrup Substance Abuse Treatment Programs

Cough syrup may not seem dangerous or addictive. However, dextromethorphan, or DXM, which is the primary active ingredient in many cough syrups, can create a high and addiction. DXM gives people who take enough of it a euphoric high that affects the mind and body much like the consumption of alcohol. It can also produce hallucinations and hyperactivity, which can become dangerous.

Addiction to DXM can also be challenging to manage on your own since the drug is so readily available. Bayview Recovery can give you the treatment and strategies you will need to end your DXM dependency. You can also navigate the triggers which might cause a relapse.

[Learn more](#)

# Heroin and Fentanyl Substance Abuse Treatment Programs

Heroin and fentanyl rank among the most dangerous drugs. Unfortunately, addiction, abuse, and relapse can easily lead to an overdose and sudden death. Opioids like heroin and its close street counterpart fentanyl both produce intense highs, which users want to repeat. To sustain your previous high, however, you will need to take increasing amounts of the drug, but taking even slightly increased dosages can result in an overdose. This is especially true of fentanyl.

If you or someone close has a heroin or fentanyl dependency, seek medical treatment from an addiction treatment center. Bayview Recovery can ensure you have the safest possible medically supervised detox. You also get the treatment you need to avoid a relapse, overdose, and death.

[Learn more](#)

# Stimulants Substance Abuse Treatment Programs

Stimulants affect the central nervous system, creating feelings of intense alertness, energetics, and euphoria. Users can get medically legitimate versions of these drugs through prescription or obtain street versions of them. Their addictiveness and adverse effects on the body, if taken long-term, remain equally dangerous regardless of their source.

Many individuals may have begun by taking Adderall, a drug prescribed in the treatment of ADD and ADHD disorders. When used correctly and under doctor supervision, the drug can improve an individual's mental focus. It can also help them experience less anxiety in social situations. Meth, on the other hand, is a street drug with no medical uses. It also presents a host of additional dangers since it is exclusively made illegally without any controls over its production.

Whatever version of the drug you use, you will likely quickly begin to tolerate the drug. This then requires you to take higher dosages to get the same effects and increases the harm to your body and the risk of overdose. Withdrawal can be excruciating and dangerous, especially if you go it alone. Professional medical supervision, which

you can obtain from Bayview Recovery, is almost always the only way to end your stimulant dependency, and it is always the safest way.

## Hallucinogens Substance Abuse Treatment Programs

Hallucinogens have increased in popularity, especially among younger people who use them as club drugs. MDMA, or Molly, commonly taken in clubs or at raves, produces a sense of euphoria as well as hallucinations, an altered perception of one's reality. While considered party drugs and widely available, the drugs are both addictive and dangerous.

Hallucinogens do not share the kind of life-threatening symptoms that other drugs have. Users of hallucinogens can come to tolerate higher and higher doses of the drug and develop long-term dependence.

This can lead to severe physical and mental problems over time.

Like other street drugs, there is no oversight or control over how manufacturers create hallucinogens. Therefore users may also be taking trace amounts of other drugs mixed in with the hallucinogen, and they may not even know it. This compounds the harmful, adverse side effects users will experience and makes treatment both necessary and more complex.

Because of the wide availability of hallucinogens and the complexities around dependency, you will need professional addiction treatment to safely separate from the drug and develop the strategies that will keep you drug-free. Bayview Recovery treats many individuals who have tried and gotten hooked on club drugs. We can help you stay off these drugs successfully.

### TESTIMONIALS

"I have been trying to get sober the past 3 years and I have been to treatment 5 times. Bayview Recovery was my 6th time. They helped me get to 142 days sober! I was a handful hot mess when I got there but the team never gave up on me. They work with families and they truly care about them too. Bayview house's are clean and comfortable and the staff is amazing. They plan for fun events weekly and they want you to have fun. If your looking for something different call them it will save your LIFE!"

- **Cindy J.**

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"Solid trusted Addiction treatment provider I have used for several individuals who need a residential level intervention. The staff are knowledgeable passionate professionals who are helping change lives on the regular. Thank you Bayview Recovery for your services!"

- **Musomi M.**

## TESTIMONIALS

“The culture at Bayview is that of support, encouragement and personal and professional growth. The management staff is very compassionate towards the other employees by being flexible, always encouraging the employee’s to set goals both professionally and personally and helping them reach these goals. I am blessed by having the opportunity to work here and helping others in need of laying a successful foundation for their recovery and life goals.”

**- Nichole K.**

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“A great culture for clients and staff to thrive. Bayview Recovery offers true wrap around services and is unlike any other program in the area. The staff truly cares about setting clients up for success in their recovery.”

**- Jeremiah D.**

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“My son participated in their program and I must say they go above and beyond for their clients

If you have a loved one struggling with addiction

This is the place to bring them... I know you may think this is a cliché but know it is far from it ...

I now have a sober son whom has just graduated and is on the right track... Is he perfect well no, but who is??? One day at a time... Meetings are the Key...

We all have struggles and battles we fight and fires we have to put out and some of us need additional help... for those who do it's nice to know there is help out there... Thank You to all at BayView who cared and went that extra mile and never gave up on my son...

He is doing Amazing... Word to all of you... know you are not alone...Never Give Up... Hold onto your loved one with all your heart... Love them... Forgive them... Know you are not in control...

Let Go & Let God... Have Faith & Believe...

Peace, Mercy & Grace to you all...”

**- Anonymous**



# Learn More By Calling Bayview Recovery Today

Bayview Recovery is committed to providing its clients with personalized treatment that will address their addiction with carefully chosen pathways based on their personalities and lifestyles.

Our treatment professionals will spend considerable time with enrollees during the intake process to get to know them and understand the issues they're facing so they can get the right treatments quickly and begin the healing process immediately. We have several treatment options available, including:

- Partial hospitalization programs
- Intensive outpatient programs
- Outpatient programs
- Men's rehab programs
- Women's rehab programs

Bayview Recovery has helped countless individuals leave drug abuse behind and find life-long wellness again. Call Bayview Recovery today at [855.478.3650](tel:855.478.3650) for more information about our substance abuse treatment programs.



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Contact Bayview Recovery to join our judgment-free, uplifting and supportive recovery environment.

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